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We all aspire to something in our lives. Purpose in life is the beacon, without which it is easy to get lost in life. In my opinion, the goal in life can be what you want, which allows you to develop, and also benefits other people.

First, you need to think directly, you need to be sure in what you want. You need to fix this goal in your brain. Then you need to think about some steps to achieve your goal. Goals should have a specific name. The brain must know exactly what to do and how much. Never word a goal with such words like “some” or “a little bit”. Be specific! If you want to save fifteen thousand rubles per one month- your main steps are to work and make some research about how much you can save and what you can cancel from your life to save more. In addition, you need to make a plan about how much money you can save each week, and do not give yourself any not serious excuses if you cannot. Your goals should have a simple name. If you want to live in Spain and each day go to a good job, so just divide this into parts: 1. You want to move to Spain; 2. You want to have a good job. The goal should be great, to motivate you. If the goal will not take any from your efforts you will not feel satisfaction, and you will not be motivated for something bigger.

Your goals should have useful reasons for you. If you want to have Ferrari, but you live in a village, you will feel happiness just for a little time. Like a child who get a cool toy and forget about it next day. Your goal should be a plan for the future, not just for gaming.